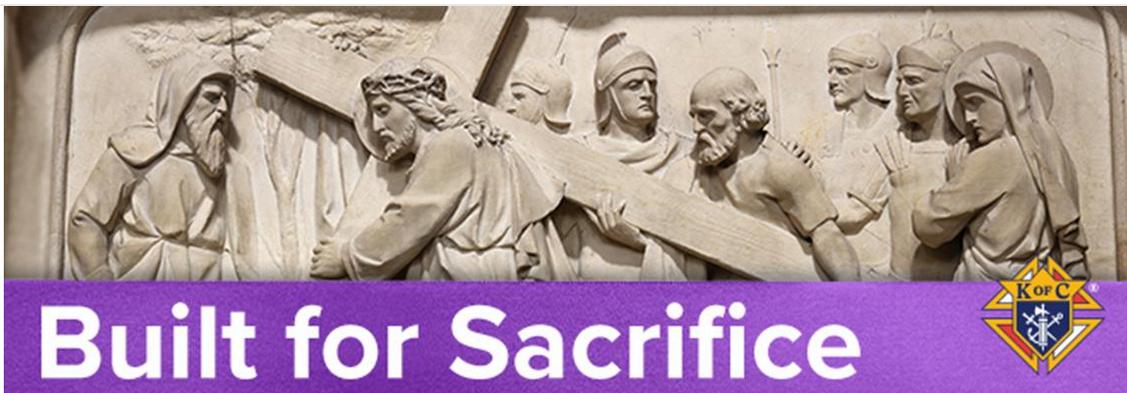


Lent is almost here.

From Knights of Columbus <knights@KofC.org>

Date Thursday, February 12th, 2026



Brother Knight,

We're built for sacrifice.

Ash Wednesday is next week, starting the holy season of sacrifice through prayer, fasting and almsgiving.

This Lent, join brother Knights Father Jonathan Kalisch, O.P., and Renzo Ortega as they unpack why we're called to sacrifice in the first place and what that can look like as Knights.

Look for their video reflections on the Sunday readings each week, either at www.kofc.org/lent or on social media.

We'll be posting on [Facebook](#), [X](#), [Instagram](#), [LinkedIn](#) and [YouTube](#).

Want to get started early? Go to www.kofc.org/lent for more, free resources or purchase physical copies at kofc.org/shopCIS

Our sacrifices — during Lent or any time of the year — point to something greater: life with Jesus.

Let's get there together.

Fraternally,
Knights of Columbus

Knights of Columbus
1 Columbus Plaza
New Haven, CT 06510

